## Lyme Disease

## Arnold N. Kauffman

What I know, what I don't know. These are my thoughts after just hearing about a young man who died in the bathroom of his parents' home at age 25 from a complication from Lyme Disease. As I understand, part of the treatment for the Lyme Disease was a pacemaker to increase the compatibility of the medicine with his body. I have no judgement, for I do not know all the facts. I do know that it was a big funeral with over 1,000 people in attendance. I know there was a lot of grief, a lot of crying. A beautiful soul was taken from this world too soon.

Even though we never met, I feel tremendous grief over this man's death. I feel grief when I compare what happened to what could have happened. I think of the young men with Lyme Disease who that I have dealt with in the past; all of them were weak, bedridden, and followed medical treatment with no signs of improvement. Am I missing something? You would think that with so many people being diagnosed with Lyme Disease—supposedly the fastest growing disease in the country-that there would be some type of medical protocol other than antibiotics for the heart.

I think of David Carron. In the article he wrote in my *Healing Success Stories*, he recalls, "I was given tons of oral antibiotics with no real help, even had a catheter line inserted for six months into my arm delivering super powerful medication into me daily. Still I did not improve."

What the heck—who does this? Where's the sanity in placing a catheter into someone's arm to deliver antibiotics? Does anyone know what antibiotics are? This medication would never ever be given to a healthy person because it would cause sever sickness. Yet, under twisted logic we give the same medication to a sick person to make them healthy.

So, I pray for peace, for wisdom, and for forgiveness, because those who think they know, know not. Dave suffered for 19 years with no sign of healing before he took my 30-day challenge and became raw vegan. He gave up meat, potatoes, chicken, wine, eggs—a list so long that he really had no business giving up. But Dave was desperate. He was clinging for hope, for any type of sign of what to do and how to heal. As Dave said on days 22 to 30 of his raw food challenge, "Overall late-stage Lyme Disease and co. infection improved drastically, my acid reflux stopped burning, my pain was gone, and I lost 31 pounds." My friends, this is real, not hocus pocus jumbo. This happened after just 30 days of being a low-fat, raw vegan. After 19 years of suffering, Dave dramatically got better.

I think of Sal Hombardu who too suffered from Lyme Disease. Sal had symptoms for years, and only got worse. He suffered from aching joints, extreme fatigue, and mental fog that would not go away. Sal didn't want to suffer this way for the rest of his life. He began to research and said that he saw that "many of the top Lyme-literate medical doctors were recommending a raw, plant-based diet." Sal knew he had to make changes, but how? This is when he stumbled into my store and spoke to me about his Lyme conditions. Within five minutes, Sal also signed up for my 30-day challenge. As Sal explained, "[I had] ringing in my ears 15-20 times a day, mental dog, extreme joint pain, muscle cramps, and neuropathy. Seven weeks into the program with a 70% improvement in my symptoms."

Trenton was also in his twenties when he came to me after suffering with Lyme Disease for over a year. He realized the medications and medical treatment were not helping him, so he came to our store for help and advice on what to do. Trenton went 50% raw and saw his symptoms improve. Using this as a basis, Trenton went completely raw for two months, and his Lyme Disease symptoms completely disappeared. But Trenton's success was short-lived; he reverted back to his old dietary habits, and his symptoms returned. He realized that, in order to not have any symptoms, he had to give up processed food, meat, diary, and alcohol. As a young man in his twenties, he wanted his life back. He wanted to be free, happy, and pain free. Today, Trenton is on a mostly fruit smoothie and juicing lifestyle. More importantly, he is a happy camper, pain-free, and looking forward to a happy life.

When I saw the results with Sal, Dave, and Trenton, my only thoughts were "wake up, America!" Lyme Disease may be the fastest growing disease in America. Lyme Disease may be tough to diagnose and treat with medicine. With typical medical treatment, Lyme Disease may last for a long time—not just days, but weeks, months, or in some cases, years. But I stand tall in what I say, what I believe, and what I have seen. I watched David's symptoms go away almost completely in just three weeks once he switched to a raw lifestyle. These were symptoms he had for 19 years and could only faintly improve using medical treatment. I also watched Sal, who saw a 70% improvement in his symptoms within 7 weeks. As Sal said in my *Healing Success Stories*, "I feel like I have my life back."